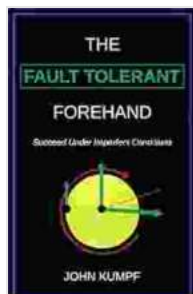


# The Fault Tolerant Forehand: Succeeding Under Imperfect Conditions



## The Fault Tolerant Forehand: Succeed Under Imperfect Conditions by Fodor's Travel Guides

★★★★☆ 4.8 out of 5

Language : English

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The forehand is one of the most important strokes in tennis. It is the stroke that is used to hit the ball with the most power and accuracy. However, the forehand can be a difficult stroke to master, especially for players who are just learning the game. One of the biggest challenges of hitting a good forehand is maintaining a consistent swing. Even the slightest error in your swing can cause the ball to go wide or long.

The fault tolerant forehand is a technique that can help you to hit powerful and accurate shots even when your swing is not perfect. This technique is especially useful for players who are just learning the game or who are playing on uneven or unpredictable surfaces.

The fault tolerant forehand is based on the principle of "forgiveness." This means that the technique allows for some margin of error in your swing. Even if you don't hit the ball perfectly, you can still hit a good shot.

## How to Hit a Fault Tolerant Forehand

To hit a fault tolerant forehand, you need to keep the following things in mind:

- **Keep your head down.** This will help you to focus on the ball and to make a consistent swing.
- **Keep your elbow bent.** This will help you to generate power and to control the direction of the ball.
- **Hit the ball in front of your body.** This will help you to generate topspin and to keep the ball in the court.
- **Follow through with your swing.** This will help you to generate power and to control the direction of the ball.

It is important to practice the fault tolerant forehand regularly. The more you practice, the better you will become at hitting powerful and accurate shots even when your swing is not perfect.

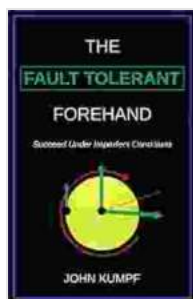
## Benefits of the Fault Tolerant Forehand

The fault tolerant forehand offers a number of benefits, including:

- **Increased power.** The fault tolerant forehand allows you to generate more power than you would with a traditional forehand.
- **Improved accuracy.** The fault tolerant forehand allows you to hit the ball more accurately even when your swing is not perfect.
- **Greater consistency.** The fault tolerant forehand allows you to hit more consistent shots, which will help you to win more points.

- **Reduced risk of injury.** The fault tolerant forehand is a less stressful stroke on your body than a traditional forehand, which can help to reduce your risk of injury.

If you are looking to improve your forehand, the fault tolerant forehand is a great technique to learn. This technique can help you to hit more powerful, accurate, and consistent shots even when your swing is not perfect.



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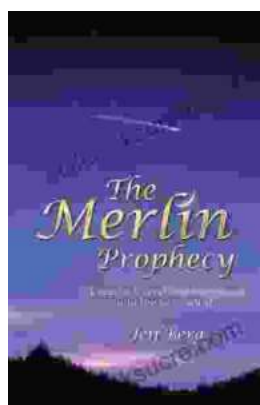
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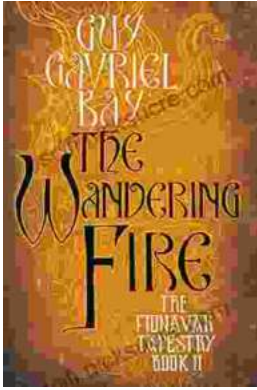
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